Introduction of triage. An experience of a triage nurse in a tertiary centre in Japan

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ABSTRACT
Emergency medical treatment in Japan is subject to jurisdiction by the Fire Department. Triage, by definition, is a dynamic process, as the patient's status can change rapidly. Triage is very important for Japan, where emergency patients are on the rise. The role of triage nurse is also important. That will improve the life-saving rate of emergency patients and improve the reversion to society.

INTRODUCTION
Emergency medical treatment in Japan is subject to jurisdiction by the Fire Department. Patients being transported by ambulance will be treated as soon as they arrive at the hospital, Japanese ambulance can be requested for free. In recent years, the rate of emergency vehicle dispatch and emergency patients tend to increase year by year. Triage was introduced to Japan so that medical treatment can be provided to patients who really need urgent.

HISTORY OF TRIAGE
Triage, by definition, is a dynamic process, as the patient's status can change rapidly. Patients may enter the triage stream at any point. Urgency scales of the world are being developed in the United States in 1994, Australia in 1993 and Canada in 1995. Since around 2012, operation of JTAS became popular, and it was introduced in many hospitals. Our hospital is an emergency designated hospital.

JTAS (JAPAN TRIAGE AND ACUITY SCALE) [4]
Japan focused on CTAS (Canadian Triage and Acuity Scale) in Canada. CTAS is a highly credible scale that is progressing in North America, Asia and Europe. Japan developed and introduced JTAS based on CTAS. Emergency patients such as brain surgery diseases and cardiovascular diseases are 3507 in one year in Japan [5]. We aimed at improving the
the life-saving rate of our hospital. Therefore, from 2018 triage was introduced.

Components of JTAS

Pre-hospital treatment
As a pre-hospital treatment, there are doctors, car and doctor helicopter. The emergency system in Japan, ambulance and walking patients are treated in the same place. The emergency medical system in Japan is different for each facility.

Patients who go to an emergency hospital are patients with mild to severe cases and urgent cases. Among them, as many as 1% of the patients who walked into the hospital waiting for a sudden change are hidden. There is a danger of missing the patient's life crisis if you are consulting in order of acceptance. Moderate emergency patients are accepted for 24 hours.

Triage method [6]

Triage will walk to the patient who come to the hospital, the triage nurse will receive the patient.
1. Triage fast touch. After reception, the nurse first responds, at that time, she judges the severity and urgency is necessary or not. If it is an emergency, she starts the treatment immediately. In case of infectious diseases, patients should be isolated.
2. We ask for chief complaints, followed by vital sign measurements, interview, objective findings, etc and the patient is judged according to JTAS level. Patient is asked to wait in the waiting room or monitoring room if monitoring is necessary.
3. After triage, I will consult the patient, when the turn comes

Triage nurse
A nurse performing a triage is called a triage nurse there are 30 nurses involved in triage. Nurses' years of experience ranged from 5 to 30 years. In order to introduce triage, it was necessary to confirm the ability of the nurse. What is sought are medical knowledge, first-aid skills, cooperation with other occupations, judgment.

Training for triage
In introducing triage, I confirmed the triage knowledge of the nurse many nurses do not know hospital triage. Depending on the years of experience, there is a difference in ability to do triage. Training was given based on:

What is TRIAGE
↓
Urgent degree and severity
↓
Merit by the triage
↓
Perform in the triage
↓
About Qsofa [7]
(Quick sepsis related organ failure assessment)

CONCLUSIONS

Triage is very important for Japan, where emergency patients are on the rise. Among the medical staff, fast touch to the patient is triage nurse, who will improve the life-saving rate of emergency patients and improve the reversion to society.

<p>| Table 1 |</p>
<table>
<thead>
<tr>
<th>Work site</th>
<th>Job Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>ICU</td>
<td>Intensive care of severely hospitalized patients</td>
</tr>
<tr>
<td>ER</td>
<td>All emergency medical examination</td>
</tr>
<tr>
<td>From ER to ward</td>
<td>Treatment from initial care to ward</td>
</tr>
</tbody>
</table>

| Table 1 |
| Level 1 | Resuscitation: immediate treatment |
| Level 2 | Emergency: Rapid treatment |
| Level 3 | Semi-Emergency: First-aid measures may be necessary |
| Level 4 | Low Emergency: Treatment within 1 hour to 2 hours |
| Level 5 | Non-Emergency: No Urgency |

FIGURE 1
Fast touch.
Assessment of severe complaints
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FIGURE 2
Vital sign measurement
Medical interview

FIGURE 3
Medical examination

REFERENCES
4. A study on the effect of introducing JTAS in emergency outpatient (JTAS in the emergency room). Toru Koyama (Toru Oyama) et al.
5. Kyoto University Hospital GUIDANCE 2015.